

Franciscan University of Steubenville School of Spiritual Direction

Connecticut Satellite Program

Two-year on-site training program for Spiritual Director Certification

Overview

The Immaculate Conception Center, in partnership with Franciscan University of Steubenville, offers a two-year intensive training program for individuals seeking to become certified Spiritual Directors. All are welcome to apply (clergy/religious/layperson); no prior education is required.

Format

In-person classes are taught at ICC in two-week winter intensives once a year for three consecutive years (typically end of January into February). There are no required classes outside of those scheduled at the annual two-week intensives; additional course requirements can be completed from a candidate's home area at their own pace and schedule.

Curriculum

Instruction is provided by Franciscan University faculty on a wide range of topics: theology, psychology, communication skills, ethics, prayer, discernment, and more. Practicum experience allows candidates to practice spiritual direction in a structured environment with instructor oversight.

Certification

Candidates who complete all course requirements receive a certificate in Spiritual Direction and the Spiritual Exercises of St. Ignatius at the conclusion of the third intensive. They may then offer paid/unpaid spiritual direction services through a private practice or association with a parish, retreat center or apostolate.

Cost

Each annual intensive costs \$2800 (\$2400 for commuters) and covers room/board, training materials, instruction and practicum experience. Limited financial assistance is available for those who qualify.



2027-2029 Intensive Dates:

Year 1: January 24 – February 6, 2027

Year 2: January 23 – February 5, 2028

Year 3: January 21 – February 3, 2029

To Apply:

immaculateconceptioncenter.org

860-928-7955